

REDEFINING *beauty*

living beautiful today

is about

AUTHENTICITY

not applause

CHARACTER

not cosmetics

THOUGHTFULNESS

not thinness

MODESTY

not modeling

PURITY

not perfection

KINDNESS

not keeping up

REALITY

not running away

WISDOM

not wildness

SERVANTHOOD

not sexiness

INFLUENCE

not imitation

UNMASKING

not masking

BEING YOU

not being theirs

WHAT I THINK

- Am I hiding my feelings about my worth and my God-given beauty?
- Am I trying to fit in? Stand out? Seek approval? Gain affirmation?
- Am I being too easily influenced by the opinions of others?
- Am I compromising who God made me to be?
- Am I defining beauty by the truth consistent with Scripture?

HOW I LOOK

- Is my appearance consistent in what I say I believe?
- Is my clothing reflecting my personality but not sending a mixed message?
- Am I dressed sloppy because I feel sloppy?
- Is my clothing drawing attention to my body because I am looking for love and affirmation in the wrong place?
- Am I communicating a God-honoring message?

HOW I LIVE

according to Colossians 3:12

- Chosen - your true identity in Christ
- Holy - being set apart by God
- Loved - by God demonstrated by His Son...on the Cross
- Compassion - find a practical way to demonstrate this with others
- Kindness - reach out to a lonely friend in your life today
- Humility - be quick to admit a mistake and think of others first
- Gentleness - consider your words and actions carefully
- Patience - take a deep breath in that frustrating moment
- Forgiveness - release an offense to God and release the person, too
- Love - in action and words with others
- Unity - get "self" out of the way for the sake of coming together peacefully