

*your relay race*  
**mentoring in action**



This week in our study, we began looking at mentoring in action with a focus on relationships. Through considering the example of running a relay race with a baton pass, we considered what it would look like to be in both organic and purposeful mentoring relationships.

**1 Corinthians 9:24**

**Do you not know that in a race all the runners run,  
but only one receives the prize? So run that you may obtain it.**

Considering ourselves as runners in a race is also consistent with Scripture. We are urged in 1 Corinthians to put on the mindset of a runner, whose goal is on the prize. For us, the prize comes when we've lived this life to glorify God as we await to meet Him in eternity. With that perspective in mind, use this worksheet to help you brainstorm about the relay-race like mentoring relationships in your life. With yourself in the center, draw lines to connect to the circles, which represent the people in your life. The ones on the left indicate those who influence you. The ones on the right represent those you influence. Add more circles if you need to, and feel free to connect your mentors to your mentorees, too. If you feel like there is nothing to write down, use this space to dream and pray about what you long for and would like God to accomplish in your life in terms of the relationships you get to experience, be refreshed by, and impact.

*map out your baton pass*

