

Bible Study Method

Pick a book of the Bible to study and apply this method by reading one chapter or section every day. Yes, that means you are re-reading the same content again and again over the course of three to seven days, but by doing so, the Word will leap off the pages and be impressed upon your heart.

step one: *get your supplies*

All you need for this type of study is a Bible, pen, and journal. You may also want to use index cards for scripture memory purposes or a small journal to use for recording Scripture promises.

step two: *plan your study*

In order to begin, pick a book of the Bible you would like to study. I recommend starting with a short book, such as 1 or 2 Peter, Ephesians, or 1 John, so that you get a feel for the method and see the results quickly. Once you know what you'll study, begin with Day 1. You may choose to space out three days over the course of week or add in the optional days of study. It is really up to you and can be as flexible as you desire and need!

Day 1 Flow **Through**

_____ read the chapter at least one time and write down any verses that stand out

_____ write down a memory verse on an index card spiral (goal: 24 verses a year)

Day 2 Flow **In**

_____ dive into the chapter looking for truths and promises, and record them in your journal

Day 3 Flow **Over**

_____ record the commands, instructions, and application points in your journal

optional Flow **On {for days 4 through 7}**

_____ write out the chapter or portions of the chapter in your journal or notebook

_____ turn key verses into prayers and write them in your journal

_____ answer who, what, where, when, why, and how

_____ write about what you learned and/or share it with someone else