

MORE Mentoring



100 QUESTIONS
to use with those you mentor

another tool for mentors and leaders
moretobe.com

100 Questions

to use with those you mentor

Has the idea of biblical mentoring captured your attention?

Have you recently made the decision to be intentional with the people God has put in your life through stepping out in faith to connect one-on-one with a biblical mentoring mindset?

Maybe you have been mentoring for years, but need a little bit of creativity and structure to incorporate into your relationships and meeting times?

Whether you are beginning your mentoring journey for the first time or find yourself well into it, we're excited to offer you this new tool: A collection of over 100 questions designed for you to use with your mentor to encourage lively conversations as well as accountability and spiritual growth.

As a mentor, there will be times you'll wonder, "What on earth will we talk about?" You may even feel at a loss to know how to make your time together meaningful? You're not alone. Take heart and press into this calling you feel the Lord has put on your life. In faith, ask the tough questions and tender ones, trusting Him to do the transforming work in both of you.

Ideas for Use

It is our hope that these 100 {plus} questions will be another tool in your mentoring toolbox. Consider these options for how to use this resource:

- Print out the questions on card stock or regular paper and paste on to index cards.
- Keep the cards together on a binder ringer or in a file box.
- Carry the cards with you when you meet with your mentor and pick which ones to use.
 - *The **pink cards** are more lighthearted in nature.
 - *The **orange cards** encourage accountability and deeper spiritual growth.
- Pray about what the Lord would like for you to discuss in your time together and use the questions for ideas and direction.
- Make a set of card for each of your mentors (or children) and use the cards as a place to record your prayers requests or notes about your time together.

We also encourage you to read *Impact My Life: Biblical Mentoring Simplified*, join up with an M2B Mentoring Course, and dig into the *Impact My Life Study Guide*. These additional resources and opportunities will not only equip you as a mentor, but challenge you (gently) to follow Christ distinctly as you mentor biblically.

<p>What are your times with the Lord like? What does your time with Him consist of?</p>		<p>Is there an aspect of your faith in which you'd like to grow?</p>
<p>What are your times with the Lord like? What does your time with Him consist of?</p>		<p>How is your prayer life?</p>
<p>Is there a biblical principle or truth that you've been thinking on or that you'd like to know more about?</p>		<p>Who have you been praying for?</p>
<p>Do you sense a change in your thinking, especially in light of a Biblical truth or principle?</p>		<p>How do you feel about your ability and desire to study the Bible?</p>

<p>What has been a significant spiritual experience in your life since you became a Christian?</p>		<p>Can you think of an experience in your life that defined how you see yourself, others, or God?</p>
<p>Do you know what spiritual gifts God has given to you?</p>		<p>Do you see areas or ways that God may want you to serve using your gifts and talents?</p>
<p>Is there anyone you are discipling or mentoring?</p>		<p>Would you consider yourself trustworthy?</p>
<p>Is there anything you're doing that others would be able to rightly say is hypocritical?</p>		<p>Is there anything you're doing that others would be able to rightly say is hypocritical?</p>

<p>When you look in the mirror, what do you see?</p>		<p>Do you struggle with being a slave to dress, friends, work, or habits?</p>
<p>Is it a struggle to not use your appearance or performance to get the praise of others?</p>		<p>Do you find yourself talking too much about yourself?</p>
<p>When was the last time you shared your faith? Or do you struggle in feeling like you need to hide it?</p>		<p>Are there areas that God may be calling you to lead?</p>
<p>What are some of the pressures you feeling each day?</p>		<p>Are these pressures self-imposed or do they feel put upon you by others?</p>

<p>What is one unanswered prayer that you'd like me to pray for you about?</p>		<p>How would you explain the Gospel to someone else?</p>
<p>What do you believe about God? What do you believe about Jesus?</p>		<p>How would you share your journey of faith and/or salvation story?</p>
<p>What do you believe about heaven?</p>		<p>Would those who hear you or see you get an impression about you that is different than what you'd want them to think?</p>
<p>Is there anything you desire to keep secret?</p>		<p>Are you struggling with being bitter, angry, jealous, or critical?</p>

<p>How are you taking care of your body in terms of what you are eating?</p>		<p>How are you taking care of your body in terms of fitness?</p>
<p>Tell me going on in the “boy” front?</p>		<p>Would you mind if we talked about how you’re doing with your purity, especially as it concerns relationships and sexual intimacy?</p>
<p>What’s the state of your heart?</p>		<p>Have you disobeyed God? Have you confessed your sin?</p>
<p>Paul talks about a thorn in his side -- as in a problem or trouble that won’t go away. What would you say is your thorn?</p>		<p>Is there a friend issue or family issue that you’re struggling through?</p>

<p>Is there anyone you should forgive?</p>		<p>Do you need to seek God's forgiveness?</p>
<p>Have you received God's forgiveness, or are you struggling with shame, condemnation and guilt?</p>		<p>Do you struggle with pride?</p>
<p>What area of your life is the most difficult right now?</p>		<p>What temptations do you need to share with me about so that I can hold you accountable?</p>
<p>How are you doing on guarding your heart?</p>		<p>What are you tempted to make an idol out of?</p>

<p>What do the words coming out of your mouth reflect about what you're thinking and feeling?</p>		<p>Is there an area of your life or an issue that needs to be surrendered to the Lord?</p>
<p>When do you feel the most valuable?</p>		<p>Do you struggle with feeling overlooked?</p>
<p>How are you doing on showing the love of Christ to others?</p>		<p>Is there anything you sense God telling you to do? And if so, what are you going to do about it?</p>
<p>Are there spiritual disciplines that you would like to grow in, such as prayer, worship, study of Scripture?</p>		<p>Do you feel as though the Holy Spirit is prompting you in one direction or another?</p>

<p>What are you tempted to complain about?</p>		<p>I'd love to hear about what is filling up your days lately.</p>
<p>What is the best way I can encourage you? Through a call, text, note, email, time together?</p>		<p>Is there anything you'd specifically like to talk about today?</p>
<p>Do you have any decisions to make in the next week?</p>		<p>Is there a particular verse that stands out to you recently?</p>
<p>If you could change one thing about this world, what would it be?</p>		<p>If you could change one thing about your life, what would it be?</p>

<p>What's your favorite subject? And your least favorite subject?</p>		<p>If you could plan your future career now, what do you think it would be?</p>
<p>How are things going for you at home?</p>		<p>Tell me about your friends.</p>
<p>What's your favorite food?</p>		<p>Describe for me your ideal day? Week?</p>
<p>What discourages you? And what do you do when you are discouraged?</p>		<p>Can you pinpoint what motivates you to get a job done? Or simply to move through your day and meet your responsibilities?</p>

<p>What typically causes you stress? And what do you do when you are stressed?</p>		<p>What are the things you are most passionate about?</p>
<p>How are you as a listener and how can you improve?</p>		<p>Do you struggle with playing favorites with certain people? If so, how? Who is this hurting?</p>
<p>How are your sleeping habits?</p>		<p>How transparent are you with others about your struggles?</p>
<p>How would your friends describe you?</p>		<p>How would your family describe you?</p>

<p>When you think of the future, can you picture yourself married? If so, what do you think you'd want in a husband?</p>		<p>Who do you like to most often spend your time with?</p>
<p>Do you think you'd like to have a family when you grow up?</p>		<p>What is your favorite thing to do for fun? Tell me more about it.</p>
<p>What do you see as some of your strengths? How are you able to use those strengths?</p>		<p>What are some of your weaknesses? How are you working on those areas?</p>
<p>Is there a particular skill or talent you'd like to develop? And is this something I can help you with?</p>		<p>What do you most often like to spend your time doing?</p>

<p>What TV shows do you like? What interests you about those shows? How often do you keep up with it?</p>		<p>What do you like to browse when you are online?</p>
<p>How much time do you think you're spending in front of a screen, either computer, TV, or phone?</p>		<p>Is there anyone at school (or work) that you notice is hurting or feels overlooked that you might be able to encourage?</p>
<p>What music do you like to listen to? Do you have a favorite band? What is your favorite song? Tell me about their lyrics?</p>		<p>What is your favorite movie? What makes you like that movie? Is there a movie you'd like to see?</p>
<p>What do you think makes for a good leader?</p>		<p>How would you define success?</p>

<p>Have you been effected by anything happening in the local, national, or world news?</p>		<p>Are you interested in politics? Are there causes that you are passionate about?</p>
<p>Is there a particular country that you'd like to visit?</p>		<p>If you could plan a perfect vacation, what would it be?</p>
<p>Are you tempted to spend money you don't have?</p>		<p>How are you doing in thanking God each day for the little things and big things? Can you tell me about what you are thankful for today?</p>
<p>If you could pick a day to spend with your family, what would that look like?</p>		<p>Are you spending time praising God? If so, tell me about that! If not, would you like to brainstorm ideas?</p>