

Elisa Pulliam

life coach . teacher . speaker . author



Elisa Pulliam is passionate about inspiring this generation of women to experience a fresh encounter with God for the sake of impacting the next generation.

In spite of not growing up in a Christian home, and spending many years in rebellion, Lisa (which is what she prefers to be called and there's a story about that) came to know Jesus Christ as her personal Savior in the fall of 1993. Ever since, the Lord has been in the process of transforming her from the outside in and inside out. It's this first-hand encounter with God that motivates her to inspire women to pursue God personally and join Him in work in their lives.

She has been involved in youth and women's ministries for more than two decades, spending 18 years at Christian boarding and day school, thanks to her husband's profession as a high school teacher. Being immersed in such a unique community is what inspired Elisa to launch *MoretoBe.com* in the fall of 2011 followed by the release of *Impact Together: Biblical Mentoring Simplified* and the *ENGAGE Bible Study Series* for

tween and teen girls, so that she could equip women to mentor the next generation with relevant, biblical truth.

Elisa engages audiences with her transparency, story-telling, humor, and the practical way she communicates biblical Truth.

- Sarah

Soon after launching *More to Be*, Elisa discovered that there was a greater need to reach women stuck in a rut of poor habits and unhealthy thinking. So she pursued life coach certification and later joined Life Breakthrough Academy as a life coach trainer. **As a life coach, speaker, and writer, Elisa equips women to experience authentic life changed by steeping their lives in the Word and embracing God's purposes in living a life of legacy impact.** This perspective is the foundation of

her book, *Meet the New You: A 21-Day Plan for Embracing Fresh Attitudes and Focused Habits for Real Life Change*, as well her devotional, *Begin with Yes: 90 Days of Believing God's Word* (June 2018). She is a regular monthly contributor to *TheBetterMom.com*, *MothersofDaughters.com*, *FaithMomz.com*, and the *Moment to Breathe* devotional and in *Courage 365 Devotional Bible*, and a featured speaker at MOPS groups, churches, retreats, and conferences.

Lisa, as she prefers to be called, believes each moment of each day belongs to the Lord and strives to be emotionally present and eternally purposed, especially with her husband of 20 years, Stephen, and her four tween through college age children.

With beautiful integrity and an open heart, Elisa encourages women to embrace life.

- Rachel Wojo



SPEAKING TOPICS

Elisa Pulliam is available for a variety of speaking engagements for women of all ages and backgrounds, including tween and teen girls. She is happy to customize messages for keynotes, workshops, seminars, teas, and MOPS groups as well as leadership and mentoring training workshops.

Meet the New You: Embracing Fresh Attitudes and Focused Habits

Most women find themselves in desiring authentic life change from the inside out. But craving change and experiencing transformation are two different things, so Lisa makes it simple by inviting women to experience a fresh encounter with God as they unpack His relevant truth for their life today.

Impact Mentoring and Understanding Our Generational Differences

Through a one or two-part message, Lisa communicates effectively about the way our generational differences impact our relationships and how to overcome them in order to connect more intentionally and purposefully. She also addresses the excuses, fears, and biblical truths about mentoring along with the primary focus of being a disciple of Christ first and foremost.

Life Balance Customized for You

This message is devoted to helping women pinpoint how to find life balance that is customized to their needs through understanding their God-given wiring, priorities, and purpose.

With humility, Lisa pours out her heart. Her transparency and genuine passion to share God's healing grace and power in her life have touched those dealing with issues of abuse, relationships, sex, marriage, abandonment and forgiveness. Her story has been used to penetrate masks and walls and probe the deeper issues of the heart's cry for fulfillment.
- Amy Helm, Youth Leader



I marvel at Lisa's wisdom and insights. She has an uncanny ability to see a situation with a fresh perspective. - Denise Hughes, Deeper Waters Ministry

Redefining Beauty: Living Beautiful in the Skin You're In

Through sharing her own struggles in finding her Christ-centered identity, Lisa reveals how she discovered that she's fearfully and wonderfully made in way that is relatable and applicable for living a beautiful life in the skin you're in.

The Real Deal About Dating & Relationships

Lisa's perspective on relationships and dating comes through 20 plus years mentoring teens. She shares a Biblically-rich and culturally-relevant truth equipping moms, mentors, and youth leaders to guide the next generation through this season of life. She loves sharing this message with tween and teen girls, with their moms present, too.

Motherhood 101: Training Up On the Go

Elisa unpacks seven key lessons for the journey of motherhood, with each point of wisdom leading to one profound truth: becoming the best mom God designed is really about becoming the woman God intended.

Lisa was authentic, biblical, humorous at times, and connected well with her audience. Her openness in sharing ministered on a deeper-than-surface level. - Joyce Musser, Women's Ministry Director

For more information and testimonials visit moretobe.com/speaking/

If you would like to have Lisa speak at your event, [complete this form](#) or email elisa@moretobe.com.