



CHAPTER TWO: Take Your Mark

Time to Stretch Questions

1. What words would you use to describe your identity? Make one column of words that you would have chosen before reading this chapter and one column of new words that come to mind as a result of reading this chapter.

2. What does God say about you, according to Psalm 139? Write down the key phrases, words, and thoughts that you think define your identity.

3. Go back to your answers for question one. Can you see which words describe what others have said about you or to you about yourself? Which of those words are not consistent with what you wrote down as your answers to question two? Take a few minutes to journal about what this means to you, especially as you think about your identity.

4. In light of what you've learned through this chapter, describe why it would be a good idea to embrace a new, holy identity in Christ? How would this change the way you spend your time and who you hang out with?

5. Look up these verses in your Bible or on Biblegateway.com and jot down the full verse or something to help you remember what those verses are about. Pick out three that stand out to you. Write them down on post-it notes or index cards and tape them to your bedroom or bathroom mirror. Personalize the verses by using your name or "I" in the appropriate places:

- Psalm 139:1-4, 3-16
- John 1:12-13; 15:15
- 2 Corinthians 1:21-22; 5:17-21
- Ephesians 1:4-5; 2:10
- Philippians 3:20
- Colossians 2:13-14; 3:12
- 1 Peter 2:5, 9