

more to be
Conversation Starters
for connecting with tweens and teens
moretobe.com

1. What was the highlight of your day?
2. What was the worst part of your day?
3. If you could have a “re-do” on this day, what would it be?
4. So what should I know about your grades as of late?
5. Is there an area of your school work that you feel like you need extra help on?
6. What’s the toughest stuff you’re dealing with right now?
7. How’s the latest drama at school?
8. How do you think “so and so” is really doing?
9. What are you looking forward to this week?
10. If you could take one responsibility off your plate for the next week, what would it be?
11. How are you feeling about your sports/hobbies/commitments?
12. What would you like your weekend/break/vacation to look like?
13. How are you feeling about “that” friendship/relationships?
14. What boundaries do you think you need to work on with “that” friendship/relationship?
15. How do you think things are going with your sister/brother/father?
16. Is there something I can do to help you feel more supported?
17. Is there anything I’m doing that’s really frustrating you lately?
18. Any thoughts about what you want to put your time to next summer/fall?