



## april worksheet

This month's *Fresh Focus* mission is all about cultivating margin space in your life through looking at what's consuming your time and reserves — physically, emotionally, and even spiritually — and seeking God's leading for practical solutions. Whether you need to create margin in your schedule to get to an appointment on time or need to set aside time to declutter your home so that you kind find space for what you decide to keep, this month is about striving towards a balanced life that is in line with how God made you.

Before you launch into these questions carefully crafted to get you connecting with God so that you can prayerfully consider the steps of change He is leading you to take, pause to read the the practical truths founds in Day 18, "Make Room for Margin: Cut Back and Carve Out" found in [Meet the New You](#).

1. Take time for a Time Evaluation. Download the resource here —> <http://www.kaleoagency.net/assessments-tools/>. Record what you discover below.
  
  
  
  
  
  
  
  
  
  
2. What do you think is consuming the most your time in an unnecessary or unhelpful way? List as many that come to mind.

3. What would it take to deal with and remove each of these time consumers? List out the necessary steps for each one. If you don't know, take time to pray about it and consider who you might ask for help.
  
4. When you look at your schedule, where would you like to carve out more time and how would you use it? Describe why and any possible solutions that come to mind.
  
5. When you look at your physical space, such as your home or workplace, how would you like to declutter or simplify? Describe why and any possible solutions that come to mind.
  
6. When you consider the state of your heart, what is taking up prime real estate? Is your heart filled with hurts or regrets or bitter roots that keep you from having breathing space? Describe why and any possible solutions that come to mind.





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